### St. James Lutheran Church

Reflecting the Light of Christ in Crystal

Gospel "E"

January 22, 2014

### Weekly Email Newsletter

## Weekly Devotion: Living Fearlessly (Psalm 27:1, 4-9)

The Lord is the stronghold of my life; of whom shall I be afraid? (Psalm 27:1)

We are living in fearful times. Unsuspected dangers seem to lurk in the most innocent places– family restaurants, elementary schools, even places of worship. Sometimes we may feel almost suffocated by the toxic atmosphere of constant threats surrounding us.

Instead of pitying ourselves, as followers of Jesus Christ and heirs of David's magnificent psalms, we need to take time to count our blessings! Fearful times are the human norm, neither exceptional nor rare. David and his ancestors faced all sorts of threats and dangers. Our Lord was certainly no stranger to many types of threats, from petty people in his own hometown synagogue to angry crowds of anonymous persons calling for his death.

For obvious reasons, Psalm 27 is considered a "psalm of trust." Despite all his faults, David loved and implicitly trusted God. Although both saint and sinner, David always found reliable refuge in the Lord God. Confidence replaced his fear; trust eliminated his terrors. David knew that to live in God's light is to lose the fears that threaten to undo us.

Lord God, save me from my fear of all the threats I feel today. Grant me peace, through Christ. Amen. (From Christ in Our Home for 1/23/14)

## Annual Meeting & Potluck

The 2013 Annual Meeting of St. James will be on Sun., Jan. 26 with a potluck at noon and the meeting beginning at 12:30 p.m. in Wold Hall. We hope you can make it!

Annual reports are now available in the narthex. Financials will be available the morning of the meeting.

# QPR Session Sponsored by Bonfire

QPR is a free one-hour presentation sponsored by NAMI Minnesota on Mon., Feb. 3, 7:00-8:30 p.m. at House of Hope Lutheran Church. QPR covers the three steps anyone can learn to help prevent suicide. Just like CPR, QPR is an emergency response to someone in crisis and can save lives. QPR is the most widely taught gatekeeper training program in the U.S., and more than one million adults have been trained in a classroom setting in more than 48 states. NAMI Minnesota's mission is to champion justice, dignity and respect for all people affected by mental illness. Open to parents, school staff, youth workers, and community members. Certificate of attendance will be available.

Please RSVP to 763-504-4981 with name and number attending. Free childcare is available, please reserve your spot when you register.

Bonfire Ministry is one of the proud sponsors for this SPARC series session.

#### Mark your Calendar

1-26 Annual Meeting & Potluck, noon

**1-27** Over 55's at Old Country Buffet, 11:30 a.m.

#### **Movie Night**

The youth (and their families) will gather in Wold Hall for a movie night Sat., Jan. 25 at 6:30 p.m.

#### **Contact Us**

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